

Student, Family and Community Partners

Resources and Information

TENNESSEE

Action for Healthy Kids – TN

http://www.actionforhealthykids.org/state_profile.php?state=TN

Giving Kids the Voice of Authority: Engaging Students in the Fight Against Childhood Obesity, An Action for Healthy Kids Field Report, Volume 1, No. 2, Fall 2006

http://www.actionforhealthykids.org/pdf/Students_FR_91FINAL.pdf

Blue Cross Walking Works for Schools

BlueCross WalkingWorks for Schools is an in-school walking program created to teach children in grades K-5 the benefits of proper exercise as part of a healthy lifestyle and to curb the growing trend of childhood obesity. Students walk (with their teachers) at least five minutes each school day for 12 weeks each semester. By the end of the semester, they will have walked about 15 miles!

<http://www.walkingworksforschoolstn.com/>

Tennessee Association for Health, Physical Education, Recreation & Dance

TAHPERD is a nonprofit organization for professionals and students in related fields of health, physical education, recreation and dance. TAHPERD is dedicated to improving the quality of life for all Tennesseans by supporting and promoting effective educational practices, quality curriculum, instruction, and assessment in the areas of Health, Physical Education, Recreation, Dance and related fields.

<http://www.tahperd.us/>

Tennessee Department of Health

<http://state.tn.us/health/>

Tennessee On the Move

America On the Move in Tennessee offers long-term on-site support for the creation and implementation of wellness programs. Unique educational and activity-based programs are available for schools and community groups, and worksite wellness programs are available for companies. Many times, the schools and community groups that need our support and guidance the most are unable to round up the funds needed for program development and implementation.

<http://www.TennesseeOnTheMove.org/>

University of Tennessee Extension

The University of Tennessee Extension provides nutrition and food safety education to individuals and families in Tennessee. Education is provided by faculty in county Extension offices throughout the state.

<http://fcs.tennessee.edu/>

NATIONAL

Biggest Loser Weight Loss Club

http://www.biggestloserclub.com/landing_page_summer.asp?cm_mmc=MSN-_-Paid%20Search-_-MasterLink-_-R27310&keycode=R27310

CATCH

CATCH (Coordinated Approach To Child Health) is an evidenced-based Coordinated School Health Program designed to promote physical activity and healthy food choices, and prevent tobacco use in elementary school-aged children. By teaching children that eating healthy and being physically active every day can be FUN, the CATCH Program has proven that establishing healthy habits in childhood can promote behavior changes that can last a lifetime.

<http://www.catchinfo.org/>

National Coalition for Parent Involvement in Education, *Beyond the Bake Sale: The Essential Guide to Family-School Partnerships*

<http://www.ncpie.org/>

National Human Services Assembly, *Parental Involvement in Education*

<http://www.nassembly.org/fspc/practice/documents/Brief3.pdf>

School-Family-Community Partnerships: A Toolkit for New Mexico School Communities

http://www.ped.state.nm.us/div/rural_ed/toolkit/toolkit.htm

U.S. Dept of ED, *Promoting Prevention Through School-Community Partnerships*

http://www.ed.gov/admins/lead/safety/training/partnerships/promote_pg25.html

U.S. Dept of Health and Human Services, *Fact Sheet: Positive Youth Development*

<http://www.acf.hhs.gov/programs/fysb/content/positiveyouth/factsheet.htm>

Weight Watchers

http://www.weightwatchers.com/templates/marketing/Landing_1col_nonav.aspx?PageId=1036481